

Understanding Environment through Culture, Field Study of Sustainable Design 01
Final Essay

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In this course, the “Understanding the Environment through Culture, Field Study of Sustainable Design 01”, there were many opportunities to learn and experience more with the environment. There were few field trips, which were visits to Kamakura and Takahata, and although it was very unfortunate not being to visit the Takaha, it still was a great opportunity to visit Kamakura and the visiting the Kamakura and the Atelier Kitchen that was running by Mr. Sato. Not only focusing on the environment but also focusing on the commons, this course has helped me to understand the ways and how to manage to improve our commons and even how to preserve them. There were many lectures from the class which mainly concentrated on having our individuals and ideas and to share as a group. Therefore, most of the classes, we were to contribute and allocate our thoughts and opinions on the topic of Sustainable Development Goals (SDGs) and the way or managing for the stabilization of how we can appreciate nature while we are not destroying them. There were so many other interesting topics we learned about and generally, it all helped me to understand the course more thoroughly.

As the professor made our last presentations to look like the way of the symposium, it was practically new to me as a person who never had the symposium yet. The symposium was a little bit different than the regular presentations, in which the symposium is more similar to a small conference held to discuss a particular topic. This enhanced our quality of presentations by possessing broader and deeper ideas throughout, not only for our group but also for other groups, and was not like interviewing other classmates when it got to the discussion part.

Our group had decided to present some policies and ways to protecting the commons by using the changes in subsidy policies to help and support farmers for them to have sustainable farming. Thus, the farmers these days are now conscious that the more knowledge and consciousness they have, the more aware of their actions would impact on the farming by commons. However, there are still some key facts that even the world cannot help, which is the weather and climate change. This will affect the management of the kinds of distinctiveness and

food security and that would eventually lead causes and some effects on one's health that is consuming those food items. Also throughout the discussions, it was very great to hear from the other group for the opinions on how we could help to motivate others from these actions. Also from fish-bowl, the first question was how people imagining our society and the nations of 2030, and it was interesting to hear many people's ideas on their expected 2030s which some ideas were the ones I have never had imagined yet. Having this symposium helped to understand others' opinions as well as conveying our ideas and because it should not have done in the way of being so much serious, the whole presentation was done without having much nervousness.



Our symposium and discussion on the Commons

Last but least, this class is always fulfilled with so many great opportunities and experiences, which I would never be able to make by myself. The most memorable experience I

had and still have from this course is from the field trip to the Kamakura. From this field trip, I was able to find out how farmers do care so much not to use pesticides in their farmings and from the whole symposium had provided so many impressions that there are different ways to save the nature as the three groups had presented. Overall, this course had benefited so much with understanding more about Sustainable Development Goals and how to help and manage ourselves from appreciating nature but not to destroy them and for stabilizations of nature.